

ESRA NEWS

USDA Employee Services & Recreation Association

WELCOME BACK

ESRA Updates

Welcome back! We are so happy to see new and returning faces to the building. A lot has changed with ESRA, but we are still dedicated to providing USDA employees with services in the building, as well as online.

While we all transition back to the building, your patience is appreciated as we gradually make changes and updates to our services. Please read this newsletter for a list of current operations. Hours of operation may change at any time.

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BUSINESSES HOURS
OF OPERATION**

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Promenade Businesses



Claudia's Cafe is OPEN!

Hours: M - F from 7:30am - 2:00pm

Limited menu available.



The Green Olive Restaurant is opening in late March or early April! Hours of operation are TBD at this time. Stay tuned for updates.



The ESRA Gift Shop is OPEN!

Hours: Tue - Thur from 10:00am - 2:00pm

Or shop online at www.usdaesra.org/shop



Kadai Indian Restaurant is opening soon.

Hours of operation are TBD at this time. Stay tuned for updates.



Unfortunately the Barber Shop is not reopening. If you know someone looking to open a new Barber Shop or Hair Salon, please reach out to us at: usdaesra@gmail.com

CONTACT US:

Email: usdaesra@gmail.com Website: www.usdaesra.org

For the most current updates, sign up for our emails on our website.



ESRA Fitness Center

The gym is OPEN!

Ag-Promenade, Room SM-12

Days: Monday - Thursday

Hours: 6:00am - 2:00pm

Memberships:

\$12 Per Pay-Period OR

\$26 Per Month

*All memberships are on auto-bill until you cancel.

Daily Passes:

\$5 Daily Pass

\$40 for a 10 - Day Pass (can be used any day in 2022).

Lockers & Showers:

Lockers and showers are available for daily use for free. Membership is not required.

Contact Info:

ESRAfitness@gmail.com

202-720-8995

www.usdaesra.org/fitness

Group Classes:

Group classes will resume soon. Stay tuned for updates!

Virtual Services:

ESRA is still offering virtual fitness services. We have weekly at-home workouts, nutrition guidance and zoom group exercise classes. All for only \$26 per month. For more information email us at: ESRAfitness@gmail.com



Virtual Events

All of ESRA's events are still virtual at this time. Please email the event representative to sign up, or see our website for links to register. Here is a list of upcoming events in March & April:

Washington Retirement Seminar

Topic: Retirement Simulation

Date: Wednesday, March 9th

Time: 12:00pm - 1:30pm

Register: support@ifind.education

PNC Seminar:

Topic: Safeguarding Yourself

Date: Thursday, March 17th

Time: 12:00pm - 1:00pm

Register: Ali.Tubba@pnc.com

Turning Point Seminar:

Topic: Eldercare

Date: Tuesday, March 22nd

Time: 12:00pm - 1:00pm

Register: Kurt@tpfinancial.com

Washington Retirement Seminar

Topic: Retirement Simulation

Date: Wednesday, April 6th

Time: 12:00pm - 1:30pm

Register: support@ifind.education

Capital Financial Planners Seminar:

Topic: Strengthen Your TSP Allocation

Date: Tuesday, April 12th

Time: 12:00pm - 1:00pm

Turning Point Seminar:

Topic: Common TSP Missteps

Date: Wednesday, April 20th

Time: 12:00pm - 1:00pm

Register: Kurt@tpfinancial.com